SMILEWELL

Smile Well Orthodontics

Retainers for Life® As we near the end of your Orthodontic Treatment with Dr. Jackson

We are excited to be nearing the end of your orthodontic treatment! In order to ensure that you are happy and satisfied with your final results, there are some important matters to address:

- Please evaluate your smile; is there anything about the placement that concerns you? Is there anything you would like to see improved upon? NOW is the time to let us know!
- Initial retainers are included in your comprehensive case fee. However, we also offer an upgrade option called **Retainers for Life®**. As part of the **Retainers for Life®** program, whenever you lose or break a retainer instead of paying $300 to replace your retainer, you will have full access to discounted replacement traditional retainers for $43 or Phase I for $63. Most of our patients choose this option because it saves them a lot of time and money.

Next, there are several appointments that will be necessary to facilitate the fabrication of your retainers, they include:

- A final visit to make sure everything is in proper position.
- Once your teeth have settled and orthodontic treatment is complete, any needed permanent retainers will be bonded and an intra-oral scan is done to digitally capture your teeth for retainer fabrication.
- THE BIG DAY! Braces/attachment removal, delivery of your retainers or **Retainers for Life®** , and final photos and x-rays.

Your appointments are as scheduled:

Evaluate To Remove:
Date:_____Time:_____Location:_____

Bond Retainers and/or Scan:
Date:_____Time:_____Location:_____

Removal and Delivery of Retainers:
Date:_____Time:_____Location:_____

We recommend the following retainer protection plan:

Upper and Lower Retainer Plan: $880*
or 6 payments of $153.33 after discount*

As a member you will receive unlimited access to $43/$63 replacement retainers delivered to your mailbox for life.

* This discount coupon code_____ expires upon completion of treatment.

It is very important that you are present for all of the appointments listed above. Failure to make an appointment can result in delayed removal of attachments and braces or shifting of teeth.
*Additional fees may apply for modifications such as the fabrication of artificial teeth.

How long do I need to wear a retainer?
Retainers are a lifetime commitment. It is the only way to prevent shifting after all the hard work that your orthodontist and you have accomplished through treatment.

Will I outgrow my retainer?
No, retainers are made to fit over permanent teeth. This allows for the retainer to last longer. For our Kid's Club members, as permanent teeth erupt there will be a need to follow up with your Orthodontist to evaluate the need to complete orthodontic treatment. If additional treatment is completed, you will have the option to remain in the program by completing an update scan.

What if I have a permanent retainer?
Permanent retainers only protect the teeth that it is connected to. At times that means only the front teeth. Your teeth can still shift with a permanent retainer and if you are unaware of a broken glue pad, it can cause decay and shifting if not immediately fixed. Protect your teeth by wearing your clear retainer over it.

What happens if I get dental work done?
If you have work completed, contact your Orthodontist to check your retainer and possibly scan your teeth in case it has changed the anatomy of your tooth.

What if I need dental work?
Communicate with your Orthodontist, they will advise that you continue with your retainer wear. They will coordinate with you to get a new scan once your dental work is complete.

When can I stop wearing a retainer?
Our best answer is never. Teeth will always have a tendency to relapse. Not only that, but as we age our arches tend to get narrow. That is why some people get treatment as adults because although their teeth were always straight, they begin to crowd with age.

What if I am missing a tooth?
We can certainly have your retainer fabricated with artificial teeth. There is an additional fee but it is possible.

What if I have a space I need to maintain?
We can certainly maintain space. When your Orthodontist inputs your order they can add special notes to hold a space open, the retainer will fit to hold the space open as needed.

How much do I need to wear my retainer?
Follow your retainer wear as prescribed by your Orthodontist. Usually after the fulltime period your orthodontist has prescribed, you follow nighttime for a lifetime. If your retainer begins to fit very tight, that is a sign that your teeth are trying to shift and you may need to add some hours of wear in the afternoons or the weekend.

How long does a retainer last?
Each retainer is subject to care and will last depending on how you care or wear your retainer. Clear retainers for the most part can last 3-5 years depending on how you wear down your retainers. Some people will grind heavily causing a retainer to only last 1 year or less, while others do not and they can last over 5 years. Hawley retainers tend to last 5-10 years or even more but may need occasional adjustments by your orthodontist.

What are valid reasons to order a replacement?
You can order replacements at any time for any reason. Whether you lost your retainer or your retainer is getting dingy, you simply contact us to process your replacement and we will have one sent to you directly.

Can I order more than one retainer at a time?
Yes, you can order as many as you would like. Some like to plan ahead for vacations or at times if a child splits time among family members you can have a retainer at each location.

What if I move? Through Retainers for Life®, you will have access to replacement retainers wherever you go. You will be able to visit our website or call your Orthodontist to order replacement retainers in under 5 minutes.