

## WHITENING PEN INSTRUCTIONS

This whitening pen is easy to use to brighten your smile on the go to remove dark stains and brighten natural teeth. It will not brighten artificial tooth surfaces such as ceramic fillings or dental crowns. Our whitening pen is safe for use and is not likely to cause irritation if used as instructed. Once applied, the solution is safe to touch your soft tissue such as your gums, lips and cheeks but it is not recommended to apply on your gums or soft tissue itself. In the event that you experience any tingling or sensitivity in your soft tissue or teeth, rinse or brush with warm water and fluoride toothpaste.

### ACTIVATION OF YOUR PEN

Once you open your whitening pen, you will need to rotate your pen between 10-20 clicks. Begin with 10 clicks and slowly add additional clicks until the whitening solution is visible between the bristles. Once your pen is activated store in a cool dry place away from direct sunlight and keep upright to prevent leakage. Use your pen within 12 months of activation. Although the solution is non-toxic, after 12 months the solution will lose its strength and no longer whiten to its fullest potential. There is roughly 30 applications per pen.

### TOOTH PREPARATION (OPTIONAL)

To make the most of your whitening pen, it is advised to start with a clean tooth surface. This pen will not whiten through heavy calculus or plaque build up. This is not a requirement, but it is recommended to brush and floss before using this pen and lightly dab your teeth to remove excess saliva.

### METHODS OF APPLICATION

Click 2-3 times for each arch and coat your teeth only with a thin layer of this solution. Once applied the solution will create a thin coating once your saliva comes in contact with this layer. You will see your teeth brighten right away and it does not need to be rinsed off. If you are applying on the go, avoid eating or drinking for 30 minutes. If you are using overnight, simply apply the solution and wear your retainer over the solution. In the morning, brush any residue that may be left in your retainer.

Tip: For patients who have experienced dental trauma and have discoloration in one tooth more than others, you can spot whiten by applying the whitening pen only on the tooth that is discolored and wearing your retainer until your natural tooth shade lightens.

### SENSITIVITY CONCERNS

If your teeth are naturally sensitive to air, cold or hot, we do not advise to use this whitening pen. As with all whitening, tooth sensitivity is a possibility and it is not advised to use if you are already experiencing sensitivity. Most patients do not experience sensitivity as our whitening pen is non toxic. While no damage is made to the tooth, we want you to be informed of the temporary effect of sensitivity during or right after the procedure. It may range from a sense of "awareness" of a tooth to a "zing" in the general area.

Our whitening pen is safe for use and is not likely to cause irritation if used as instructed. Once applied, the solution is safe to touch your soft tissue such as your gums, lips and cheeks but it is not recommended to apply on your gums or soft tissue itself. In the event that you experience any tingling or sensitivity in your soft tissue or teeth, rinse or brush with warm water and fluoride toothpaste.

